Conference “Move for health”
programme

8:00-9:30 Registration, posters preparation.
9:30-9:45 – Conference opening
Welcome by prof. habil. dr. Alfonsas Vainoras (Lithuanian University of Health Sciences, Institute of Sports)

Doc. Daiva Petruševičienė (Lithuanian University of Health Sciences, Medical academy, Faculty of Nursing)

Paulius Stravinskas (Lithuanian Ministry of Health)


10:15-10:45 – “THE CURRENT KNOWLEDGE ON NUTRACEUTICALS APPLIED IN PATIENTS WITH KNEE PAIN” – Prof. Robin Christensen, The Parker Institute, Department of Rheumatology, Copenhagen University Hospital, Bispebjerg and Frederiksberg, Denmark.

10:45-11:15 – “THE EXPERIENCE WITH ROSEHIPS POWDER FOR PATIENTS WITH KNEE OSTEOARTHRITIS, AND ITS COMPARISON WITH EXISTING PHARMACOLOGICAL INTERVENTIONS” – Prof. Robin Christensen, The Parker Institute, Department of Rheumatology, Copenhagen University Hospital, Bispebjerg and Frederiksberg, Denmark.

11:15-11:30 – Coffee/tea break

11:30-12:00 – “A NEW MOTOR LEARNING APPROACH AS A BRIDGE BETWEEN EASTERN AND WESTERN UNDERSTANDING OF HEALTH” – prof. dr. Wolfgang Schoellhorn, Johannes Gutenberg University of Mainz, Germany.

12:00-12:30 – “CARDIOVASCULAR AND CARDIORESPIRATORY COUPLING DURING GRADED EXERCISE. EFFECTS OF TRAINING AND DETRAINING” – prof. dr. Natalia Balague Serre, University of Barcelona, Spain.

12:30-13:00 – “FUNCTIONAL AND EXERCISE TESTS IN ASSESSMENT PECULIARITIES OF FUNCTIONAL STATE OF ATHLETES/PATIENTS” – prof. habil. dr. Jonas Poderys, Lithuanian University of Health Sciences, Kaunas Lithuania.


13:30-14:30 – lunch

14:30-14:40 – “INFLUENCE OF MULTIDISCIPLINARY REHABILITATION PROGRAM ON NEUROSPINAL FUNCTIONAL CONDITION AND PAIN INTENSITY” – Tomas Auštikalnis (1), Svetlana Lenickiene (2), Aurelija Emilija Aukstikalytė (3) – Physical Medicine and Rehabilitation Center, Children’s Hospital, Affiliate of Vilnius University Hospital Santariskiu Klinikos, Lithuania. (1), The department of Rehabilitation, Physical and Sports medicine, Lithuania. Rehabilitation, Physical and Sports Medicine Centre, Vilnius University Hospital Santariskiu Klinikos. (2), Vilnius University Faculty of Medicine (3), Vilnius Lithuania.


14:50-15:00 – “THE IMPROVING EFFECT OF POSTURE T-SHIRT ON PERSONS WHO DO SEDENTARY WORK” – Sandra Kairyte, Vidmantas Zaveckas – Lithuanian University of Health Sciences, Institute of Sports, Kaunas Lithuania.

15:00-15:10 – “IMPACT OF OCCUPATIONAL THERAPY AND ART THERAPY TO THE PATIENTS AFTER STROKE FOR SELF-SERVICE AND EMOTIONAL STATE IMPROVEMENT” – Ksenija Kolesnikova, Jolita Rapoliene – Lithuanian university of Health Sciences, Department of Rehabilitation, Kaunas Lithuania.

15:10-15:20 – “EFFECTS OF CORE STABILITY EXERCISES ON MULTIFIDUS MUSCLES IN HEALTHY WOMEN AND WOMEN WITH CHRONIC LOW-BACK PAIN” – Saule Sipavicienė (1), Irina Kliziene (2), Sarunas Klizas (3), Daiva Imbrasiene (1) – Department of Education Science, Kaunas University of Technology, Kaunas, Lithuania (1), Department of Applied Physiology and Physiotherapy Lithuanian Sports University, Kaunas, Lithuania (2), Department of Health, Physical and Social Education, Lithuanian Sports University, Kaunas, Lithuania (3).

15:30-15:40 – “EFFECTIVENESS OF DIFFERENT REHABILITATION MEASURES FOR 13-18 YEARS OLD ADOLESCENTS WITH LOW BACK PAIN” – Lina Varniene (1) (3), Jovita Urbontaityte (2), Ieva Egle Jamontaita (2) (3), Inga Muntianaita (3), Alma Cirtautas (2) – Vilnius university; Children’s Hospital, Affiliate of Vilnius University Hospital Santariskiu Klinikos (1), Vilnius University; Vilnius university Hospital Santariskiu Klinikos (2), Vilnius University (3), Vilnius Lithuania.

15:40-15:50 – “EFFECTIVENESS OF PHYSIOTHERAPY FOR BALANCE AND WALKING DISTANCE USING GAIT TRAINER” – Raimundas Venskaitis (1) (2), Ieva Egle Jamontaita (1) (2), Kristina Glibavičiute (2), Alvydas Juocevičius (1), Giedre Adomavičiute (3) – The department of Rehabilitation, Physical and Sports Medicine, Faculty of Medicine, Vilnius University, Lithuania (1), Rehabilitation, Physical and Sports medicine centre, Vilnius University hospital Santariskiu klinikos (2), The department of Rehabilitation, Physical and Sports Medicine, Faculty of Medicine, Vilnius University, Lithuania (1), Faculty of Medicine, Vilnius University, Lithuania (2), Vilnius University, Lithuania (3), Vilnius Lithuania.

15:50-16:00 – 1-12 posters from the list below

16:00-16:10 – “THE ELECTRICAL ACTIVITY OF DEEP AND SUPERFICIAL TRUNK MUSCLES OF YOUNG INDIVIDUALS DURING HORSE-BACK RIDING AND NATURAL LOCOMOTION” – Ruta Cicenaite, Agneta Sepetkaite, Vidmantas Zaveckas, Alge Daunoraviciene – Lithuanian University of Health Sciences, Institute of Sports, Kaunas Lithuania.


17:00-19:00 – discussion
Posters:

1. “A COMPARATIVE STUDY BETWEEN ULTRASOUND AND TENS VERSUS ULTRASOUND AND LASER IN ANTERIOR TALOFIBULAR LIGAMENT INJURED PATIENTS” – Nasr Alkali – Tripoli University for Medical Sciences, Faculty of Medical Technology, Physiotherapy Department, Libya, Ukraine.

2. “EFFECTIVENESS OF DIFFERENT METHODS OF REHABILITATION FOR CHILDREN WITH NON-SPECIFIC BACK PAIN” – Tomas Aukstikalnis (1), Emilija Sinkuniene (2), Lina Varniene (1)(2), Daiva Satkute (1) – Physical Medicine and Rehabilitation center, Children’s Hospital, Affiliate of Vilnius University Hospital Santariskiu Klinikos, Lithuania (1), The department of Rehabilitation, Physical and Sports medicine, Faculty of Medicine, Vilnius University, Lithuania (2).

3. “DIFFERENCE OF QUALITY OF LIFE BETWEEN STUDENTS WHO ARE INFLUENCED BY PHYSICAL ACTIVITY” – Justina Barzdaite (1), Rasa Baceviciene (2) – Lithuanian University of Health Sciences (1), Panevezys college (2).

4. “FUNCTIONAL MOVEMENTS INTERFACES WITH TRUNK MUSCLES ENDURANCE” – Tomas Ciuzelis, Margarita Radziuniene, Kestutis Radziunas – Lithuanian University of Health Sciences, Institute of Sports.


8. “ASSESSMENT OF REHABILITATION TEAM WORKING CONDITIONS” – Gabriele Seputyte (1), Joana Kri sciokaityte (1), Raimondas Savickas (1) (2) – Lithuanian University of Health Sciences, Department of Rehabilitation (1), Vilniaus University Health and Sport center (2).

9. “QUALITY OF LIFE MEASUREMENTS USING SPECIFIC QUESTIONNAIRES IN WOMEN WITH OSTEOPOROSIS” – Ema Lasinyte, Vilma Mauriciene – Lithuanian University of Health Sciences, Institute of Sports.


11. “FACTORS ASSOCIATED WITH PAIN INTENSITY AND FUNCTIONAL STATE IN PATIENTS AFTER TOTAL KNEE REPLACEMENT SURGERY DURING THE SECOND STAGE OF REHABILITATION” – Toma Petkute, Egle Lendraitiene – Lithuanian University of Health Sciences, Department of Rehabilitation.


13. “ATTITUDES, KNOWLEDGE, BEHAVIOUR AND BARRIERS RELATED TO EVIDENCE-BASED PRACTICE IN PHYSIOTHERAPY” – Ieva Piezaite, Egle Lendraitiene – Lithuanian University of health sciences, Department of Rehabilitation.


19. “INFANT MOTOR SKILLS CHANGES AFTER PHYSICAL THERAPY AT DIFFERENT AGES” – Vitalija Sirvaityte (1), Margarita Radziuniene (1), Kristina Berskiene (1) – Lithuanian University of Health Sciences, Institute of Sport (1).

20. “THE EFFECT OF PHYSICAL THERAPY ON BALANCE IN STROKE PATIENTS” – Agne Tamosauskaite, Egle Lendraitiene – Lithuanian University of Health sciences, Department of Rehabilitation.

21. “POSTURE ASSESSMENT CHANGE TO YOUNG PEOPLE WHO ATTEND PILATES EXERCISES” – Monika Tumaite (1), Ernesta Sendzikaite (1), Kristina Zaicenkoviene (2) – Lithuanian University of Health Sciences, Institute of Sports (1), Lithuanian Sports University (2).

22. “EXPERIMENTAL STUDY OF EVALUATION OF ARTICULAR CARTILAGE CHONDROCYTE VIABILITY IN VITRO” – Tomas Mickevicius (1), Arvydas Usas (2), Alius Pockevicius (3), Sergej Sosunkevic (4), Rimtautas Gudas (1) – Department of Orthopaedics and Traumatology, Hospital of Lithuanian University of Health Sciences Kaunas Clinics (1), Institute of Physiology and Pharmacology, Lithuanian University of Health Sciences (2), Department of Pathology, Academy of Veterinary, Lithuanian University of Health Sciences (3), Institute of Anatomy, Lithuanian University of Health Sciences (4).

23. “THE BALNEOTHERAPY WITH GEOTHERMAL WATER LINKS WITH HUMAN HEALTH IN RANDOMIZED CONTROLLED CLINICAL TRIAL” – Lolita Rapoliene (1) (3), Arturas Razbadauskas (2) (3), Geruldas Ziliukas (2) (3), Arvydas Martinkenas (3) – Seamen Health Care center, Klaipeda (1), Seamen Hospital, Klaipeda (2), Klaipeda University (3).

24. “DIAGNOSTIC AND TREATMENT METHODS FOR MYOFASCIAL TRIGGER POINTS OF THE UPPER TRAPEZIUS MUSCLE” – Sarunas Zube, Gintare Useckiene – Lithuanian University of Health Sciences, Department of Rehabilitation.